

# Please join us for Medicine Grand Rounds “Comprehensive Medical Weight Loss”



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**Thursday, March 20, 2025**

- 12:00 p.m. to 1:00 p.m.
- HCA HealthONE Sky Ridge  
Women's Atrium

**Credit Designation:** HCA Healthcare Continental Division designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Join virtually:

<https://hcaconnect.webex.com/hcaconnect/j.php?MTID=m45dd1dc2daeb8a9bcc0c50eb21dd06f7>

### Description

This presentation provides a comprehensive overview of medical weight loss strategies, emphasizing obesity as a complex, systemic disease. It reviews anti-obesity medications, explores treatment options beyond medication, and discusses future approaches to combat obesity. The session focuses on evidence-based practices, including lifestyle modifications, pharmacological therapies, and bariatric surgery, to enhance understanding and management of obesity in clinical settings.

### Audience

This course is designed for hospitalists, nurse practitioners, physician assistants, advance practice nurses, registered nurses, allied health professionals, physicians and residents.

### Learning Objectives

- Recognize surgical, procedural, and medical weight loss options.
- Discuss risks, benefits, and financial implications of various weight loss interventions.
- Compare surgical vs. non-surgical weight loss interventions to determine best treatment course and outcomes for patients.

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