

Please join us for Medicine Grand Rounds

Obesity: A 2025 Clinical Approach to Dialogue, and Management



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Wednesday, July 16, 2025

12:00p.m.-1:00p.m. CDT

HCA Houston Healthcare Conroe

CRMC.CAL Conference Room/
WebEx

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Description:

This session will provide an updated overview of obesity diagnosis using current clinical criteria and terminology. It will address communication barriers, including the impact of bias and the importance of patient-centered language. The session will also review current evidence-based management strategies, including behavioral, pharmacologic, and surgical options available in 2025.

Audience:

This course is designed for hospitalists, nurse practitioners, physician assistants, advanced practice nurses, registered nurses, allied health professionals, physicians, and residents.

Learning Objectives:

- Define obesity using updated clinical criteria, including changes in terminology and diagnostic frameworks introduced in recent guidelines.
- Identify and address common communication barriers in discussing obesity with patients, including the role of bias, language, and patient-centered approaches.
- Review current evidence-based strategies for obesity management, including behavioral, pharmacologic, and surgical options available in 2025.

Atcreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of HCA Healthcare Continental Division and HCA Healthcare Gulf Coast Division. HCA Healthcare Continental Division is accredited by the ACCME to provide continuing medical education for physicians.

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